



## COVID-19 Returning to Match Play Football Activity Risk Assessment (including training)

<b>Club:</b>	Winchester City FC	Date Issued: Monday 12 <sup>th</sup> April 2021	<b>At Risk People:</b>		
<b>Task:</b>	Player, Coaches, Managers, Spectators and Match Officials Safety - COVID-19		Players	Managers	Committee
<b>Activity:</b>	Football training sessions Friendlies League & Cup matches	The Simplyhealth City Ground (home ground) Sherfield English (home ground) Compton Playing Fields (home ground), AFC Stoneham (training ground) Opposition home grounds for away matches	Coaches	Spectators	Members of public

Task specific hazard	Pre-Control risk rating			Specific hazard controls	Post-Control Risk Rating		
	Likelihood	Severity	Rating		Likelihood	Severity	Rating
Wellbeing COVID-19 symptoms	3	5	15	<p>Before travelling to a training session, football match or friendly , each participant and accompanying parents or carer must undertake the "self-screen check" as set out in the Safety Summary section. If they answer "yes" to anyone of the screening questions, then they should not travel to the training session or footballing activity.</p> <p>Before the session or activity commences, each participant will be asked by their coach or Manager if they have undertaken the self-screen check. The Coach should establish that the participants do not have any COVID-19 symptoms.</p> <p>The Manager for each respective team will maintain a record of attendance of each training session, football match or friendly. This will be kept up to date and retained for a minimum of 21 days to assist the NHS with their track and trace initiative. Manual registers will be taken for ease and kept by the Covid-19 Club representative or the Club Secretary.</p> <p>For the avoidance of doubt, a parent and/or carer who travels to the location and stays in the car is still required to self-screen check. If they are positive in any aspect of the check then they and the player should not be attending training or any other football activity and should follow the Government's guidance on self-isolation (See below).</p> <p>Individuals who are advised to stay at home under existing Government guidance should not physically attend training sessions. This includes individuals who have symptoms of COVID-19 as well as those who live in a household with someone who has symptoms.</p>	1	5	5
Travel to and from training	3	5	15	<p>Where possible parents should drop their children off, ensure that they have registered their child's attendance and will leave the grass area, remaining in their car in the training ground car park until the session has finished. One Parent per child are able to attend friendlies and matches but are required to observe the government's social distancing requirements.</p> <p>Parents that do not remain in their car are expected to maintain social distancing "gatherings" of no more than 6 people and ensure that they are standing 2m away from anyone not in their household or support bubble.</p> <p>You should only share a car with people from your household or support bubble.</p> <p>Individuals should avoid offering transportation for those outside their household or support bubble.</p> <p>WCFC encourage socially-distanced forms of transport to and from training e.g. cycling and walking. All other forms of transport should be considered before public transport.</p>	1	5	5



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			<p>If participants do have to travel with people outside their household or support bubble then they should share transport with the same people each time, keep to small groups of people at any one time, open windows for ventilation, face away from each other, clean their car between journeys including door handles and other areas that people may touch, ask passengers to wear face masks, and wash hands before and after the journey.</p>			
Social distancing	3	5	<p>15</p> <p>Training sessions and football activities should be carefully planned by coaches to ensure they are structured to meet government guidance adhering to social distancing requirements.</p> <p>Competitive training can take place for all participants in an outdoor setting provided this takes place in groups of no more than 30 (including coaches)</p> <p>Competitive match play is permitted again from 29th March 2021, with social distancing in place before and after the match, and in any breaks in play. Friendly matches will not be permitted before this date.</p> <p>Small sided games within a team during training is permitted.</p> <p>League and cup games are commencing on Thursday 8<sup>th</sup> April (U23s) for those players registered with the Leagues and club.</p> <p>Cones should be used to mark out the session or activity area, and each social distancing gathering area.</p> <p>Any persons not adhering to the guidance and social distancing rules will be asked to leave the grounds</p> <p>All attendees are asked to use toilet facilities before they attend the session. Toilet facilities are available, these will be opened 30 minutes prior to the start of training and closed 30 minutes after training finishes. Avoid using if at all possible.</p> <p>Children may struggle to maintain social distancing. We encourage parents to continue to do their best to help their child recognize what two metres or "one-metre plus" looks and feels like - e.g. relating them to arm spans and standing jumps.</p> <p>In all settings before and after the session and matches, and in any breaks, all participants should practice social distancing, in line with Government guidelines on two metres of "one metre plus".</p> <p>Any spectators both at training sessions and matches (including parents and carers) must be restricted to discrete six-person gathering limits and spread out, in line with wider government guidance, ensuring space for officials, coaches and substitutes.</p> <p>Set plays - free kicks - referees and coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls.</p> <p>Set plays - corners should also be taken promptly to limit prolonged close marking and goal posts should be wiped down before matches.</p> <p>Interactions with referees and match assistants should only happen with players observing social distancing.</p> <p>Water bottles or other refreshment containers should in no circumstances be shared. Players are advised to bring their own drinks or refreshments, in a named container.</p>	1	5	5
Personal Hygiene	3	5	<p>15</p> <p>Players, coaches and parents are asked to keep hands away from their mouth, eyes, nose, ears and face. Your mouth should be covered with a tissue or sleeve when you cough or sneeze and tissues should be put in the bin immediately after.</p> <p>Players are asked to cover all cuts and broken skin with waterproof plasters.</p> <p>Players and officials should sanitize hands before and after a game as well as scheduled breaks throughout a game or training session.</p> <p>All participants are asked to wash hands with soap and water before and after attending training or a match - for at least 20 seconds.</p>	1	5	5



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				Avoid close contact with people who are unwell.			
				Players are asked to come to training and matches with their own bottle of hand sanitizer that should be used at frequent intervals. The Manager/Coach will also have a bottle of hand sanitizer should a player forget to bring one.			
				Changing Facilities are now available but should only be used if required and for a minimal amount of time.			
Arrival and Access	3	5	15	Training: Participants are asked to arrive no earlier than 5 minutes before their designated training time.	1	5	5
				Training: Participants must leave the premises immediately at the end of their training.			
				Matches: Participants are asked to arrive no earlier than 5 minutes before their designated match warm up time (this will vary depending on the age group / manager requirements)			
				Matches: Participants must leave the ground immediately at the end of the match, once they have been dismissed by their Manager / Coach.			
				Particular requirements for away venues are expected to be communicated to each Manager and should be distributed / communicated to attendees.			
The 2m social distance must always be observed when entering and leaving the training area, including at the registration desk.							
Cleaning and sanitising equipment	3	5	15	Coaches are asked to frequently clean equipment between uses, using suitable disinfectant / cleaning products.	1	5	5
				Coaches are asked to frequently clean all objects, equipment, and surfaces that are touched regularly e.g. goal posts, posts, cones and footballs.			
				All items of equipment to be decontaminated using disinfectants wipes after each use.			
				Football equipment should be shared only when necessary. Where possible only coaches should handle equipment in training and matches.			
				Goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards.			
Water bottles and personal items must be stored separately and at least 1 metre away from others. Designated areas will be marked within the training or activity zone.							
Waste	3	3	9	All personal items of waste e.g. drinks bottles, snacks and wrappers must be removed and taken home by the individual and disposed of in their own waste bin.	1	3	3
First aid	2	5	10	First aid can only be administered in severe circumstances by the coaches/medical staff as per FA training and only if the coach and parent / player agree.	1	5	5
				PPE will be provided for coaches and parents for use in emergency first aid circumstances. This will be available on site including face masks, sanitizer, antibacterial wipes and disposable gloves.			



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				If a participant becomes COVID-19 symptomatic during the activity, they will be immediately asked to remove themselves from the session (or they should remove themselves without being asked) and return home as soon as possible.			
Matches - expected behaviour	2	4	8	<p>Pre-match handshakes should NOT happen. Instead players will be asked to hand-sanitize before kick off.</p> <p>Team talk huddles will NOT take place. Team talks can take place as long as social distancing is observed and held outdoors where possible.</p> <p>Warmups and cool-downs should always observe social distancing.</p> <p>Goal celebrations should be avoided.</p> <p>Ball transfer during a match or training - when the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible.</p> <p>Where there are breaks in the game, or training, if throw-ins or handling has occurred the ball should be disinfected.</p> <p>Players should avoid shouting or raising their voices when facing each other during, before and after games.</p> <p>Everyone should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and avoid touching your face.</p> <p>Players, coaches, volunteers and spectators are asked to commit to the FA's Code of Behaviour</p> <p>Participants must be clear that they are opting in to participating in contact football training and matches.</p>	1	5	5

		Risk Rating					
Potential Severity	Fatality	Fatality	5	10	15	20	25
	Permanent Disability	Very Serious	4	8	12	16	20
	Temporary disability, fractures, etc	Serious	3	6	9	12	15
	Injuries such as laceration, strains, sprains	Moderate	2	4	6	8	10
	Injuries such as cuts, bruising, etc	Minor	1	2	3	4	5
			Improbable	Low	Medium	High	Near Certainty
			1/1,000,000	1/10,000	1/1,000	1/100	1/10
			Likelihood of Occurrence				

  

	Low Risk - Monitor periodically
	Medium Risk - Active management
	High Risk - Implementation plan

When reference has been made to "coaches" this also includes team managers and other team officials that may be at the training session, friendly or competitive fixture.

### COVID-19 Officer statement:

Having reviewed the hazards and risks, the level of risk and the key risks. I believe that if the control measures identified are applied this will, so far as is reasonably practicable, have met the requirements of this assessment

**Date completed:** 12<sup>th</sup> April 2021

**Name of Assessor:** Mike Carter

**Role:** COVID-19 Officer, Club Welfare Officer & Club Secretary